



GULSHAN

*Tyneworth*

*Future of Tradition*



# SHURUWAAD <sup>V</sup>

(APPETISERS)

## Nachodoms 9.5

Sharing Plate

Nachos style Poppadoms, Shredded Onion Bhaji, Chutney, Sauces

Poppadom 2 <sup>GF</sup>

Spiced Poppadom 2.3 <sup>GF</sup>

Roasted Poppadom 2.1 <sup>GF</sup>  
Smokey Flavoured Roasty P's

Selection of Pickles 3.5

Sweet Mango Chutney | Mint Sauce | Mixed Pickle  
Onion, Tomato & Cucumber Salad

Additional Pickles and Sauces 2.5

Chilli Jam | Chilli Pickle or Sweet 'n' Spicy Chutney



## AROMBO - STARTERS

*New* Cheesy Chicken Chatt 7.2 <sup>N</sup>  
Spices | Cheese | Puri | Coriander

Mahi Fish Cake Medallions 7.4  
Chillies | Lemon | Chilli Jam

Onion Bhaji 6.2 <sup>GF</sup> <sup>V</sup>  
Spices | Coriander | Salad

*New* Chicken Samosa 6.3  
Minced Chicken | Pastry | Spices | Coriander | Salad

Keema Samosa 6.4  
Minced Lamb | Pastry | Spices | Coriander | Salad

Vegetable Samosa 6.1 <sup>V</sup>  
Mixed Vegetables | Pastry | Spices | Coriander | Salad

Samosa Chaat 7.2/7.5/7.7  
Vegetable, Chicken or Keema Samosa  
Chick Peas | Tamarind | Sweet Yoghurt | Red Onion | Coriander

*New* **Chatt Bomb** 8 <sup>INDIAN STREET FOOD</sup>

Chicken or Vegetable Samosa  
Chick Peas | Tamarind  
Sweet Yoghurt | Red Onion  
Coriander | Bombay Mix  
Chatt Masala Mix | Pomegranate

Aloo Chamri 6.2 <sup>GF</sup> <sup>V</sup>  
Potato Skins

*New* Garlic Mushroom 7.2 <sup>V</sup>  
Butter | Garlic | Herbs | Spices | Salt

King Prawn Kakkri 10/17  
Spices | Pomegranate | Puri

Chicken Chaat 6.9 <sup>N</sup>  
Spices | Puri | Coriander

Bhuna Prawn Puri 6.9  
Spices | Puri | Onion | Coriander

*New* Lamb Chaat 7.9  
Spices | Puri | Coriander

Prawn Cocktail 6.2  
Salad | Marie Rose sauce

Paneer Fries 7.2 <sup>GF</sup> <sup>N</sup> <sup>INDIAN STREET FOOD</sup>  
Chilli Jam



## TANDOORI GRILLED STARTERS <sup>N</sup> <sup>GF</sup>

All are served with Crispy Green Salad and Mint Yogurt Sauce

*New* Leopard Roll 7.9 <sup>N</sup> <sup>INDIAN STREET FOOD</sup>  
Sheek Kebab, hot wrapped in thin flat bread  
Chilli Jam (add Cheese + £2)

Gulshan Sharing Platter 16  
Chef's selection of Mixed Tandoori starters (Serves 2 persons)

Chicken Tikka 6.5

Lamb Tikka 8.1

Tandoori Mixed Kebab 7.6

Lamb Sheek Kebab 6.8

Tandoori Lamb Chops 9.8

Raja Tandoori King Prawn 10

Paneer Tikka 7.5

{ Mild Medium Hot Extra Hot Vegetarian Gluten Free Contains Nuts }

Add an Onion Bhaji to any dish for £2

**ALLERGY ADVICE:** May contain mustard, peanuts and nuts. <sup>N</sup>

Please advise your server of any allergies or dietary requirements that you may have prior to ordering.



# Signature Dishes

## New 🍴 Honey Chicken 21<sup>N</sup>

Honey | Ghee | Mixed Peanut & Almond Powder | Cream | Sugar

## New 🍴 Lamb Achari 21

Mixed Pickle | Spices | Ginger | Garlic

## 🍴 Chicken Tikka Mossalla Punjabi Style 19<sup>N</sup>

Minced Lamb | Onions | Black Pepper | Garlic

## 🍴 Macher Jhol (Home Style Fish Curry) 20<sup>N</sup>

Tilapia | Tomatoes | Lemon | Saucy

## New 🍴 Chicken Jalapeno 21<sup>N</sup>

Jalapeno | Onions | Ginger | Garlic | Coriander

## New 🍴 Gulshan Saag 19.5/21

Chicken or Lamb | Spinach | Onions | Tomatoes | Coriander

## Maharaja Garlic King Prawns\* 13/23

Garlic | Chilli | White Wine | Butter | Coriander

**Starter** - Crispy Green Salad. **Main** - Fluffy Rice

\*Heat may vary depending on chilli season

## 🍴 Shaan Pathia Lamb 21

Onions | Soy Sauce | Spices | Coriander

## New 🍴 Gulshan Dupiaza 21/24

Chicken Tikka or Lamb - Chunky Onions | Ginger | Garlic | Spices | Tomato | Coriander

## 🍴 South Indian Chilli & Garlic\* 20<sup>N</sup>

Chicken Tikka | Onions | Spices | Coriander | Chilli | Garlic

\*Heat may vary depending on chilli season

## 🍴 'Old Dhaka' Butter Chicken 20<sup>N</sup>

Ghee | Garlic | Ginger | Tandoori Spices

## 🍴 Meetha Laow Chana Saag 16<sup>V</sup>

Butternut Squash | Chickpeas | Garlic | Spinach

## EXCLUSIVE

### 🍴 Gulshan Handi (on the bone)

### Chicken 23 Lamb 27

Onions | Garlic | Ginger | Peppers | Spices | Slow Cooked for 3 hours

Limited Availability



## TRADITIONAL MAIN COURSES

### 🍴 Mossala<sup>N</sup>

Spices | Mixed Peanut & Almond Powder | Cream | Sugar

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
13.3	14.1	16.3	13.3	19.1	13.5	12.5

### 🍴 Korma<sup>N</sup>

Coconut | Cream | Sugar

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
12	12.5	15.2	12.5	17.8	12.4	11.4

### 🍴 Plain Curry

Spices | Coriander

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
12	12.5	15.2	12.5	17.8	12.4	11.4

### 🍴 Dansak

Lentil | Pineapple | Cream | Sugar | Spices | Lemon

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
12	12.5	15.2	12.5	17.8	12.4	11.4

### 🍴 Bhuna

Onions | Tomatoes | Spices | Herbs

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
12	12.5	15.2	12.5	17.8	12.4	11.4

### 🍴 Roganjosh

Onions | Spices | Tomatoes | Herbs

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
12	12.5	15.2	12.5	17.8	12.4	11.4

### 🍴 Balti

Onions | Green Peppers | Balti Spices

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
12.3	13.1	15.8	12.3	18.1	12.5	11.5

### 🍴 Jalfrezi\*

Veg | Spices | Tomatoes | Chillies \*Heat may vary depending on chilli season

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
12.3	13.1	15.8	12.3	18.1	12.5	11.5

### 🍴 Madras

Chilli | Spices | Coriander

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
12	12.5	15.2	12.5	17.8	12.4	11.4

### 🍴 Vindaloo

Chilli | Spices | Coriander | Potato

Chicken	Chi. Tikka <sup>N</sup>	Lamb	Prawn	Kg Prawn	Keema	Vegetable <sup>V</sup>
12	12.5	15.2	12.5	17.8	12.4	11.4

All signature and traditional dishes are gluten free <sup>GF</sup> Please advise your server of any allergies or dietary requirements that you may have prior to ordering.



# TANDOORI GRILL MAINS <sup>(N)</sup> <sup>(GF)</sup>

Served with Crispy Green Salad | Mint Sauce

## Grilled Massala Fish 16

Tilapia Fish Fillet | Salad | Sweet Chilli Sauce

## Chicken Tikka 15.5

## Lamb Tikka 19

## Tandoori Raja King Prawn 24

## SHASHLIK

Onions | Tomatoes | Peppers

## Chicken Tikka 17

## Lamb Tikka 20

## Vegetable 15.5 <sup>(V)</sup>

## Tandoori Lamb Chops 23

## Paneer Tandoori Tikka 15

Indian Soft Cheese

## Gulshan Mixed Grill 25

Chicken Tikka | Lamb Tikka  
Tandoori Lamb Chop | Sheek Kebab

## Spicy Mega Mixed Grill 32



## BIRIYANI <sup>(N)</sup> <sup>(GF)</sup>

Served with Biryani Sauce

## Chicken Tikka 15    Chicken 14    King Prawn 21

## Lamb 19    Prawn 14    Vegetable 13.2

## SPECIAL MIXED BIRIYANI <sup>(N)</sup> <sup>(GF)</sup>

Served with Special Biryani Sauce

## Chicken | Lamb | Prawn

22



## WRAPS <sup>(N)</sup> <sup>(GF)</sup> <sup>INDIAN STREET FOOD</sup>

Wrapped in a Nan  
or Chapati Bread

## Gulshan Wrap 17

Chicken Tikka strips | Onions | Salad | Sauce

## Veggie Wrap 15 <sup>(V)</sup>

Shredded Onion Bhaji | Potato | Mixed Vegetables | Salad | Sauce

## SALADS <sup>(N)</sup> <sup>(GF)</sup>

Leaf salad | Red Onion | Pomegranate  
Cucumber | Coriander | Lemon | Garlic | Olive Oil

## Mumbai Salad

Chicken Tikka or Grilled Paneer Cheese 13    King Prawn 18

## Spicy Jal-Jal Salad\* 16

Lamb Tikka | Chillis \*Heat may vary depending on chilli season



## RICES

### Pilau 4.8

### Mushroom Pilau 5.4 <sup>(V)</sup>

### Vegetable Pilau 5.4 <sup>(V)</sup>

### Egg Pilau 5.4

### Onion Pilau 5.4

### Shada Batt (Boiled Basmati Rice) 4.8

## SIDES <sup>(GF)</sup> <sup>(V)</sup>

### Gulshan Side Salad 5

### Bombay Aloo 5.5

### Mix Vegetable Bhaji 5.5

### Brinjal Bhaji 5.5

### Chana Masala 5.5

### Bindi Bhaji (Okra) 5.5

### Tarka Daal 5.5

### Saag, Garlic & Paneer Bhaji 5.7

## BREADS

### New Tikka Nan 5.5 <sup>(N)</sup>

### Gulshan Nan 5.5 <sup>(N)</sup>

### New Cheese Nan 5.5

### Garlic Nan 5.5

### Peshwari Nan 5.5

### Keema Nan 5.8 <sup>(N)</sup>

### Plain Nan 5

### Tandoori Roti 3.8

### Chapati 2.6

### Paratha (Plain) 4.7

### Gulshan Special Paratha 6.5

(Light, fluffy flat bread with secret filling)



## ALLERGEN MENU



SCAN HERE

## FRIES

Hand cut, twice cooked

### Chips 4.5

### Garlic Chips 4.9

### Spicy Garlic Chips 5.5

## ONE-PLATE FEECH-CHEE MEAL

### KIDS MEALS

12 years and under only. All served with chips or rice and salad with meal of their choice

### Chicken Tikka Mossala <sup>(N)</sup>

### Chicken Korma <sup>(N)</sup>

### Gulshan Chicken Nuggets

### Fish Fingers

Ice Cream to finish



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